

POOL HOURS

RECREATIONAL/THERAPY POOL

Monday	6:00am-7:45pm
Tuesday	6:00am-7:45pm
Wednesday	6:00am-7:45pm
Thursday	6:00am-7:45pm
Friday	6:00am-5:45pm
Saturday	9:00am-2:45pm

LAP POOL

Monday	6:00am-7:45pm
Tuesday	6:00am-7:45pm
Wednesday	6:00am-7:45pm
Thursday	6:00am-7:45pm
Friday	6:00am-5:45pm
Saturday	9:00am-2:45pm

There are programs that operate during normal operation hours that prohibit the general public from using such pool(s) at certain times; such as, but not limited to...

RECREATIONAL/THERAPY POOL

- Water Aerobics: MWF 9:00am-10:00am
Friday is DEEP WATER
- Water Aerobics: MWF 11:00am-12:00pm
- Adult Swim Hour: MWF 12:30pm – 1:30pm
MUST BE 30 YEARS OR OLDER
- HCMC Water Physical Therapy: T/Th 1:00pm – 4:00pm

LAP POOL

- Swim Team Practices: See lap pool schedule for lane availability during swim season(s)