

Habersham Co. Senior Center  
 217 Scoggins Drive  
 Demorest, GA 30535  
 Phone: (706) 839-0260  
<https://www.habershamga.com/seniorcenter.cfm>



Mon	Tue	Wed	Thu	Fri
<b>Lunch Reservations must be made a week in advance. Your order must be turned in by end of day on Mondays for the following week.</b>	<b>May is National Senior Citizens Month. Est. 1963</b>	<b>1 Coffee, Socializing, and Lunch Summer Craft @ 10</b>  <b>Wing-it Brothers &amp; Friends @ 12</b> <i>1:00 / Reserved Bridge Club</i>	<b>2 Coffee, Socializing, and Lunch Green House Grand Opening @ 10</b>  <b>Beach Ball Game @ 12</b>	<b>3 Coffee, Socializing, and Lunch 10 Thrift Shopping</b>  <b>Mystery Drink Game @ 12</b>
<b>6 Coffee, Socializing, and Lunch Sewing with Jan @ 10</b>  <b>Family Feud @ 12</b>	<b>7 Coffee, Socializing, and Lunch Mobile Library @ 10AM Spaghetti Lunch @ 11:30 Bingo @ 12</b>  <i>6:30 PM RESERVED RENTAL</i>	<b>8 Coffee, Socializing, and Lunch Crocheting @ 10</b>  <b>Wing-it Brothers &amp; Friends @ 12</b> <i>1:00 / Reserved Bridge Club</i>	<b>9 Coffee, Socializing, and Lunch Red Bird's Mother's Day Trip—Lunch @ Crossroads with Local Shopping</b>	<b>10 Coffee, Socializing, and Lunch 10 Thrift Shopping</b>  <b>Trivia @ 12</b>
<b>13 Coffee, Socializing, and Lunch Red Bird's Meeting @ 10</b>  <b>Water Challenge @ 12</b>	<b>14 Coffee, Socializing, and Lunch Memorial Day Craft @ 10</b>  <b>Jeopardy @ 12</b>	<b>15 Coffee, Socializing, and Lunch Wii Bowling @ 10</b>  <b>Wing-it Brothers &amp; Friends @ 12</b> <i>1:00 / Reserved Bridge Club</i>	<b>16 Coffee, Socializing, and Lunch Pancake Breakfast 8:30-10 \$4.00</b> <b>Vet to Vet @ 10</b> <b>Bingo @ 12</b>	<b>17 Coffee, Socializing, and Lunch 10 Thrift Shopping</b>  <b>Karaoke @ 12</b> <i>DJ Dance Night @ 6:30PM</i>
<b>20 Coffee, Socializing, and Lunch Jaemor @ 10</b> <b>Price is Right @ 12</b>	<b>21 Coffee, Socializing, and Lunch Word Search's @ 10</b>  <b>Pinnacle Bank Fraud Prevention @ 12</b>	<b>22 Coffee, Socializing, and Lunch Crocheting @ 10</b>  <b>Yonah Pickers @ 10:30</b> <b>Wing-it Brothers &amp; Friends @ 12</b> <i>1:00 / Reserved Bridge Club</i>	<b>23 Coffee, Socializing, and Lunch Painting w/ Stacey @ 10</b> <b>Birthday Celebration @ 12</b>	<b>24 Coffee, Socializing, and Lunch 10 Thrift Shopping</b>  <b>Memorial day Cookout @ 12</b>
<b>27</b> 	<b>28 Coffee, Socializing, and Lunch Chitwood's @ 10</b>  <b>Telephone @ 12</b>	<b>29 Coffee, Socializing, and Lunch Hearing class @ 10</b>  <b>Wing-it Brothers &amp; Friends @ 12</b> <i>1:00 / Reserved Bridge Club</i>	<b>30 Coffee, Socializing, and Lunch Trip to Lake Hartwell Wildlife Safari</b>	<b>31 Coffee, Socializing, and Lunch 10 Thrift Shopping</b> <b>Cornhole Tournament @ 10:30</b>  <b>Name that Tune @ 12</b>

- EVENTS**
- 1st Summer Craft @ 10**
  - 2nd Green House Grand Opening @ 10**
  - 6th Sewing W/ Jan @ 10**
  - 7th Mobile Library @ 10**
  - 7th Bingo @ 12**
  - 8th Crocheting @ 10**
  - 13th Red Bird's Meeting @ 10**
  - 14th Memorial Day Craft @ 10**
  - 16th Vet to Vet @ 10**
  - 16th Bingo @ 12**
  - 17th Karaoke @ 12**
  - 21st Fraud Prevention @ 12**
  - 22nd Crocheting @ 10**
  - 22nd Yonah Pickers @ 10:30**
  - 23rd Painting W/ Stacey @ 10 \$20**
  - 23rd Birthday Celebration @ 12**
  - 24th Memorial Day Cookout @ 12**
  - 28th Chitwood's @ 10**
  - 29th Hearing Class @ 10**
  - 31st Cornhole Tournament @ 10:30**
  - Every Wednesday 12**
  - Wing-it Brother's & Friends Fund Raising**
  - 7th Spaghetti Lunch 11:30-12 \$ 8.00**
  - 16th Pancake Breakfast 8:30-10 \$4.00**


- Trips**
- 9th Red Bird's Trip**
  - 11th Clayton Trip—Saturday**
  - 20th Jaemor**
  - 30th Wildlife Safari**



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<b>Lunch Reservations must be made a week in advance. Your order must be turned in by end of day on Mondays for the following week.</b>		<b>1</b> 9:30 Circuit w/Myra 10:45 Move, Muscle and Mind w/Myra 1:00 Classic w/Sandy	<b>2</b> 9:30 Yoga Stretch w/Linda 11:00 Chair Exercise 1:00 Self-Defense w/ Chuck  5:30 Strength Core & More 7:00 Ballroom Dancing	<b>3</b> 9:30 Circuit w/Sandy  10:45 Stretching w/Sandy
<b>6</b> 9:30 Circuit w/Linda 10:45 Move, Muscle and Mind w/Linda 1:00 Balance Class	<b>7</b> 8:45-9:45 Thai Chi 9:45 Cardio fit /Dance w/Myra 11:00 Chair Exercise w/Mason 2:30 Line Dance w/ Beth 5:30 Power Yoga 7:00 Choreographed Ballroom	<b>8</b> 9:30 Circuit w/Myra 10:45 Move, Muscle and Mind w/Myra 1:00 Classic w/Sandy	<b>9</b> 9:30 Yoga Stretch w/Linda 11:00 Chair Exercise 1:00 Self-Defense w/ Chuck  5:30 Strength Core & More 7:00 Ballroom Dancing	<b>10</b> 9:30 Circuit w/Sandy  10:45 Stretching w/Sandy
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## Instructor Contact Information

**Tai Chi**  
 Brenda Sue Whitmire  
 770-316-2025

### Silver Sneakers

Linda Adams 706-754-7387  
 Myra Chandler 706-778-6320  
 Sandy Bunce 706-968-9058

### Two left Feet

Beth Adams 706-778-9300

**DJ Dance Night—3rd Friday**  
 Carolyn Bowen 706-754-9329

### Ball Room Dancing

Ramona Stowe 706-436-6748

**WELLNESS CORDINATOR  
 & Chair Exercise Instructor**  
 Mason Hall 706-839-0262