

Legacy Link

March 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Beef Chili Baked Potato Broccoli w/Cheese Cornbread Fresh Fruit Milk Margarine (2) Sour Cream Diet - Same ALT: Vegetarian Chili
4	5	6	7	8
Sweet & Sour Chicken Rice Japanese Vegetable Blend Fresh Fruit Fortune Cookie Milk Diet - Same ALT: Sweet & Sour Meatballs	Hamburger Patty Baked Beans Potato Wedges Lettuce & Tomato Hamburger Bun Fresh Fruit Chocolate Milk Mustard/Mayonnaise Ketchup - 2 Diet - Same ALT: Baked Beans	Chicken Pot Pie Country Corn Broccoli Dinner Roll Fudge Creme Cookie Milk Diet - Vanilla Wafers	Pork Loin Tarragon Sauce Buttered Rice Green Beans Dinner Roll Fresh Fruit Milk Margarine Diet - Same ALT: Chickpeas	Meatloaf Tomato Gravy Whipped Potatoes Cabbage Cornbread Fresh Fruit Milk Margarine Diet - Same ALT: Falafel Balls
11	12	13	14	15
Beef & Bow Tie Bake Tuscany Vegetable Blend Broccoli Wheat Bread Oatmeal Raisin Cookie Milk Margarine Diet - Graham Crackers	Red Beans & Sausage Collard Greens Whole Kernel Corn Cornbread Fresh Fruit Milk Margarine Vinegar Diet - Same ALT: Red Beans & Rice	Oven Fried Chicken Garlic Whipped Potatoes Carrots Dinner Roll Nutty Buddy Bar Milk Margarine Diet - Same ALT: Beef Patty w/ Gravy	Swedish Meatballs Rotini Noodles Green Peas Dinner Roll Banana Pudding Chocolate Milk Diet - SF Banana Pudding ALT: Falafel Balls	St. Patrick's Day Meal Beef Hash Carrots Cabbage Cornbread Pineapple Glazed Cake Milk Margarine Diet - Pound Cake ALT: Vegetarian Chili
18	19	20	21	22
Salisbury Steak Steakhouse Sauce Delmonico Potatoes Stewed Tomatoes Wheat Bread Sugar Cookie Milk Margarine Diet-Graham Crackers ALT: Breaded Chicken	Chicken Stew Buttered Rice Green Beans Saltine Crackers Fresh Banana Milk Diet - Same ALT: Chickpea Stew w/Spinach	Sausage/Onions/Peppers Baked Pinto Beans Cabbage Hot Dog Bun Fresh Fruit Chocolate Milk Mustard/Ketchup Diet - Same ALT: Turkey Frankfurter	Macaroni & Cheese Black-Eyed Peas Mixed Greens Cornbread Fresh Fruit Milk Margarine Vinegar Diet - Same ALT: Hummus/Pita	Beef Spaghetti Casserole Peas & Carrots Tossed Salad Wheat Bread Apple Cobbler Milk Margarine Ranch Dressing Diet - Hot Apple Slices ALT: Falafel Balls
25	26	27	28	29
Chicken A La King Penne Noodles Green Beans Wheat Bread Fresh Fruit Milk Margarine Diet - Same	BBQ Pulled Pork Baked Beans Coleslaw Hamburger Bun Peach Cobbler Chocolate Milk Diet - Hot Peaches ALT: Baked Beans	Swiss Steak Garlic Whipped Potatoes Carrots Wheat Bread Chocolate Chip Cookie Milk Margarine Diet- Vanilla Wafers ALT: Popcorn Chicken	Easter Meal Pineapple Glazed Ham Whipped Potatoes Broccoli Dinner Roll Coconut Cake Milk Margarine Diet - Pound Cake ALT: Chickpeas	Closed for Holiday

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